

Mountains and Volcanoes of Papua New Guinea

Trip Code: PXPB

Version:



PIONEER



GUIDED GROUP



CHALLENGING



HIGHLIGHTS

- Trek to the summit of Papua New Guinea's highest mountain - Mt Wilhelm
- Summit one of the world's volcanic seven summits - Mount Giluwe
- Walk with and learn from local guides who are experts in Papua New Guinea's unique flora and fauna

- Spend a full day with the Melpa tribe
- Trek in areas rarely visited by tourists
- Bird watch at Kumul Lodge - where the famous Bird of Paradise can often be seen

AT A GLANCE

- 9 days trekking,
- Join at Port Moresby

ACCOMMODATIONS & MEALS

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

Introduction

This expedition is a unique opportunity to climb the two highest mountains of Papua New Guinea during a single trip, carefully designed to provide an exceptional variety of landscapes and environments. Our exclusive trekking route offers a unique experience, ensuring that you make the most of your adventure.

Our journey begins with the ascent of Mount Giluwe, one of the Volcanic Seven Summits. We take the direct route to reach the summit and we descend along a longer route, allowing us to immerse ourselves in a diverse range of experiences and stunning landscapes. Arriving back in Mt Hagen, we have the chance to engage with the Melpa people, the main local tribe residing around the volcano. We spend the day witnessing their daily way of life, forging a deeper connection with the local community.

After a break, we venture into the high mountains and deep valleys of Simbu Province, where you are warmly welcomed into a remote village giving you another unique opportunity to engage with the local tribes and create lasting memories. Continuing our expedition, we follow a newly established trekking route that leads us to the highest summit in the country, Mount Wilhelm. Over the course of a three-day trek, we traverse various vegetation zones, offering breath taking views. Summiting early morning to see the rising sun over this vast and beautiful landscape. Upon descending from the summit, we follow the usual climbing route and spend the night at one of the country's iconic lodges, the renowned and historic Betty's Lodge.

An extraordinary expedition, where we conquer towering peaks, embrace diverse cultures, and create unforgettable memories amidst the stunning landscapes of Papua New Guinea.

Is this holiday for you?

This holiday is very specifically for experienced mountain walkers. There are some consistently long days, with the terrain being very uneven under foot; which will require you to be in very good shape and with good hill walking stamina and the ability to move confidently over rocky (and often very muddy) mountain terrain. It is important to note that many of the trails will not be well defined, especially in the areas which are less visited.

Most of the accommodation is very basic and often with limited (or no) washing facilities - however this does allow us to experience the more remote areas and immerse further into the life and culture on

PNG. However there are a couple of hotel nights to break this up, where there will be hot water (and a beer).

While trekking, on average we will be walking for around 7 - 8hrs each day, with a few days of around 9hrs (this is not including stops). We can look forward to some full and satisfying hill days, where we will begin at first light (or before). Main luggage bags will be carried by porters and we will need to carry a day pack with all our own clothes etc for that day - a rucksack of about 45 litres should be suitable.

Itinerary

Version:

Holiday Information

What's Included

- A professional and qualified leader
- Port Moresby airport transfers
- Accommodation as described
- All meals
- Once on trek the group will be assisted by porters
- Internal flight fare is only included in flight inclusive price

What's not Included

- Travel Insurance
- Visa
- Tips for porters and other trek staff
- Miscellaneous personal expenses - drinks etc
- Internal flight fare is not included in the land only trip price

Joining Arrangements & Transfers

The group will meet at the hotel in Port Moresby.

Transfers are provided from/to Port Moresby Airport for all clients arriving on Day 1 of the Land Only itinerary and departing on the last day of the Land Only itinerary.

Hotel contact details and an emergency number will be provided with your booking confirmation.

Meal Plan

All meals from dinner on day 1 to breakfast on day 16 are included.

Food & Water

It is not recommended to drink untreated water from the taps. You should take purification tablets or a filter bottle (such as a [Water-To-Go bottle](#)) to treat your water. We do not encourage the purchasing of single use plastic bottles.

Accommodation

We will spend six nights in a comfortable tourist class hotels, two nights in the Airways Hotel in Port Moresby and four nights in the slightly more basic Highlander Hotel in Mount Hagen - these are all ensuite rooms with showers, and nearly always have hot water.

Two nights in the fantastic Kumul Lodge, to the north of Mount Hagen, this lodge is all made out of local materials, run by local people and very much centered around wildlife walks and bird watching - the birding veranda is a perfect place to spend a few calm hours talking in the surrounding forest. The rooms here are ensuite, but there is rarely hot water available.

Five nights camping. As there is no permanent infrastructure in these areas for tourists, the campsites are basic. However often with a river or small lake nearby, and so a quick freshen up is possible. Camping is on a twin share basis.

One night at each of the Homestay and Betty's Lodge. These are very much back to basic accommodations. With no hot water and everyone sleeping in the same room. These types of accommodation do of course allow us to see and experience the most wonderful of places.

Altitude

This holiday involves going to high altitude. During the course of your trip you will reach altitudes in excess of 3500 metres. This is not something that you should worry about; the human body is quite capable of adapting to a very wide range of altitudes, but it is important that we follow some simple rules in order to acclimatise successfully. Before coming on this holiday you should read the advice on [trekking at high altitude](#). You can also talk to one of our trekking experts if you have any concerns about altitude.

Spending Money

Approximately £300 should be allowed for miscellaneous expenses. There is very little that is not included in the cost of the holiday, this will mainly be for additional drinks and / or food that you choose to purchase.

We will send advice on tipping separately, this will be close to departure.

Additional Information

Additional Visa & Vaccination Information:

You will need to prove that you are fully COVID vaccinated when applying for the PNG visa.

Baggage Allowance

Your main item of luggage should be a sturdy kit bag, duffle bag or similar. This will be carried during the trek by porters and must weigh no more than 15kg. You should also take on your holiday a daypack of approximately 45 litres capacity. It is possible to leave items not required on trek at the hotel in Mount Hagen. For your international flights, please check the baggage allowance with your airline.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status and so you are free to proceed with your international flight booking and other travel arrangements.

General Information

Passport & Visas

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the [UK Government website](#).

Visa PNG

Most nationalities, including travellers from the UK, the USA and many European countries can apply for their Visa online through the **E-Visa Application** process. You must make your application at least four days prior to departure. Please download the detailed information document for details of how to apply for your visa: [Visa PDF Papua New Guinea](#)

Health & Vaccinations

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

Currency

The unit currency of Papua New Guinea is Kina (PGK).

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

Please note that a paper copy of your travel insurance is required if you are travelling to Huaraz and the Huayhuash region.

Equipment Information

Equipment List

You should bring the following items:

- Hiking boots
- Socks
- Trekking trousers
- Waterproof overtrousers
- Shorts
- Baselayer shirts
- T-shirts and/or casual shirts
- Fleece jacket or warm jumper
- Windproof/waterproof jacket
- Sandals (for possible river crossings)
- Trainers for evening walks
- 2 trekking poles - highly recommended
- Sunhat
- Warm hat
- Sunglasses
- Lightweight thermal gloves
- Sleeping bag (comfort rating 0°C)
- Thermarest
- Daypack c. 45 litres
- Waterproof daypack cover
- Headtorch and spare batteries
- Sun protection (including for lips)

- Water bottles x 2 (1 Litre) or 2 litre Camelbak/Platypus style drinking system. We highly recommend
- camelback/platypus system for this trek. (we encourage re-filling water bottles rather than single use plastic)
 - Water purification tablets
 - Washbag and toiletries
 - Small towel
 - Antibacterial handwash
 - Small padlock (to lock trek bag)
 - Insect repellent
- Basic first aid kit including: Antiseptic cream, throat lozenges, diarrhoea treatment (Immodium)
- painkillers, plasters and blister treatment, antihistamine cream/tablets (in case you get bitten!) and re-hydration salts (Dioralite). Glucose tablets and multi-vitamin tablets are a good idea.

The following items are optional:

- Sleeping bag liner
- Gaiters (very useful for walking in high grass)
- Spare laces
- Earplugs (particularly if you are not the one snoring!)
- Swimwear
- Penknife
- Travel clothes
- Repair kit - (eg. needle, thread, duct tape)
- Camera
- Reusable cloth bag for shopping (to avoid plastic bags)
- Cereal bars, small little bag of grains

Cotswold Outdoor



Many of the Equipment items listed above are available from [Cotswold Outdoor](#) - our '**Official Recommended Outdoor Retailer**'. When you book a holiday with KE you will receive 12.5% discount voucher from Cotswold Outdoor and other retailers. [>> Find out more](#)

Land Only Information

The dates shown are for the LAND ONLY itinerary, joining in Port Moresby. For clients making their own flight arrangements, Port Moresby airport is the most convenient. Please refer to the 'Joining arrangements & transfers' for further details.

The internal flight fare is not included in the land only price.

Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Port Moresby with Singapore Airlines. Outbound flights will depart the UK, arriving the following evening (day 1 of the itinerary). Regional departures and/or alternative carriers are available on request.

Please be aware that there are often only a limited number of seats available at the advertised price. To avoid paying flight supplements, we recommend that you book as early as possible, especially during peak times. If we are unable to secure seats at the price shown, or you have requested regional departures, we will contact you with an alternative quote. Please note that you may be asked to pay for your flights in advance of your final holiday balance. Note that if you book a package including flights with KE you will benefit from full financial protection.

The internal flight fare is included in the flight inclusive price.

Please Note This document was downloaded on 03/07/2024 and the trip is subject to change