

Walking the Giant's Causeway Route & Donegal

Trip Code: WGC

Version:





HIGHLIGHTS

- Hike iconic Irish landscapes including UNESCO World Heritage Site the Giant's Causeway, Slieve League Cliffs & Glenveagh National Park
- Walk Ireland's most northerly peninsula and Star Wars filming location, Malin Head, where mountains

meet sea

- Hike through Donegal, voted National Geographic's Coolest Place on Earth in 2017
- Island hopping to Rathlin Island, in search of myths and puffins

AT A GLANCE

ACCOMMODATIONS & MEALS

- 6 days walking
- Join at Belfast, end in Sligo

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

Our route takes us along the Causeway Coastal Route and the Giant's Causeway, collectively rated the world's best region to visit in 2018 by Lonely Planet, along the northern edge of Ireland to the dramatic mountains and glens of the Donegal, finishing at Slieve League, some of the highest sea cliffs in Europe.

Is this holiday for you?

This holiday is suitable for leisurely walkers able to cover around six miles of smooth but often unpaved terrain. This trip includes regular five and six mile walks in usually undulating but never severe coastal areas over generally good terrain. Walks will last around 2-4 hours at a leisurely pace and include cultural stops along the way. You'll return each day from your walks to a comfortable and pleasant guest house or hotel.

Itinerary

Version:

Holiday Information

What's Included

- A professional and English-speaking guide
- All transport throughout the trip starting in Belfast and finishing in Sligo
- All accomodation as described
- Meals as listed in the meal plan
- 6 days of hiking along the dramatic coastline and landscapes of Northern Ireland and Donegal
- Entrance and admission fees as stated in the itinerary incl. all boat trips

What's not Included

- Travel Insurance
- Visa fees (if applicable)
- Airport transfers
- Drinks
- Miscellaneous personal expenses

Important Notice

This holiday is operated in association with Wilderness Ireland, and they sell their own customers directly on to this trip also. KE acts as an agent for Wilderness Ireland and by booking this holiday you are entering into an agreement directly with Wilderness Ireland under the terms of their booking conditions.

Joining Arrangements & Transfers

You will be met by your Wilderness Ireland Guide at the Lanyon Place Train Station in Belfast at 12 pm. You will be returned to Sligo MacDiarmada Railway Station by 12:00 pm on the final day of your trip

Meal Plan

Breakfast is provided each morning, as well as lunch and snacks throughout the trip. Dinner is provided every night.

All meals are included in the price of this trip as marked on the daily itinerary. Local pubs and restaurants offer a wide choice of local dishes.

On this trip, we generally eat dinner as a group however if you would like to make alternative arrangements you are free to do so. Your guide will have an evening off during this trip where they do not eat with the group. They will recommend options for dinner that evening and will help you make any necessary reservations.

Food & Water

Breakfast is provided each morning, as well as lunch and snacks throughout the trip. Dinner is provided every night.

All meals are included in the price of this trip as marked on the daily itinerary. Local pubs and restaurants offer a wide choice of local dishes.

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Water is drinkable from the taps on this holiday. Please fill your personal bottles for your day in the morning. We do not encourage the purchasing of single use plastic bottles.

Accommodation

This trip features accommodations chosen for their excellent location, service and comfort. All accomm odations provide breakfast. Whether you're looking for the liveliness of a traditional Irish music session or the sound of the crashing waves, all the accommodations we use on the Causeway Coastal Route & Donegal Hiking Trip play an exciting part in your journey through the northern part of the Emerald Isle! We do not charge single person supplements to people booking on their own. However, you will be expected to share a room with another person of the same sex. If you specifically require a single room you will have to pay the single supplement charge of €300 but this is subject to availability.

Group Leader & Support Staff

The group will be led by an experienced and qualified leader.

Baggage Allowance

There is no weight limit for your luggage on this holiday, however you will need to be able to lift and move your own luggage easily. There is also limited room in the transfer vehicles, and so one bag to be transferred and one day pack per person is ideal.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

General Information

Passport & Visas

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the <u>UK Government website</u>.

Health & Vaccinations

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

Currency

In Northern Ireland, days one and two, pound sterling (GBP) is used. From day three onwards, use the Euro in Ireland. Make sure to carry both currencies with you for this trip.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's 'Travel Aware' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our <u>Travel Insurance</u> page for further information and to get a quote.

Equipment Information

Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

You should bring the following items:

- Hiking boots (trail shoes are not suitable)
- Socks
- Trekking trousers
- Waterproof overtrousers
- Underwear
- Baselayer shirts (1 short sleeve, 1 long sleeve)
- Fleece jacket or warm jumper
- Waterproof jacket

■ Thermal gloves
 Warm and waterproof gloves or mittens
■ Sunhat
■ Warm hat
■ Sunglasses
■ Daypack 25 - 35 litres should be sufficient
 Headtorch and spare batteries
■ Sun protection (including total bloc for lips, nose etc.)
■ Water bottles 1 litre (x2) (we encourage re-filling water bottles rather than single use plastic)
 Washbag and toiletries
 Antibacterial hand wash
Basic First Aid Kit including: antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters and blister treatment, tick tweezers, antihistamines, re-hydration salts
The following items are optional:
■ Travel shoes / Trainers
■ Gaiters
■ Spare laces
■ Shorts
■ Shirts (e.g. T-shirts)

- Thermal baselayer leggings
- Thermos flask
- Trekking poles
- Insect repellant
- Camera
- Travel clothes
- Pen-knife (note: always pack sharp objects in hold baggage)
- Repair kit (eg. needle, thread, duct tape)
- Midge net
- Reusable cloth bag for shopping (to avoid plastic bags)

Cotswold Outdoor

Many of the equipment items listed above are available from <u>Cotswold Outdoor</u> - our 'Official Recommended Outdoor Retailer'. When you book a holiday with KE you will receive a 12.5% discount with Cotswold Outdoor, Snow+Rock and Runners Need. The discount code can be downloaded from your MyKE account and you can use this code at the checkout, either in store or online.

Land Only Information

We sell this holiday on a Land Only basis, joining with the group at Lanyon Place Train Station in Belfast on day 1 of the itinerary

Why Choose KE

Why KE?

On our Irish holidays we pride ourselves on the quality of our meals, the excellence of our local expert guides, and our attention to organisational detail, meaning that you can have a world-class experience in some of the world's most majestic scenery.

Please Note This document was downloaded on 15/01/2025 and the trip is subject to change