

# Walking Camino - The Portuguese Way - 1 Week

Trip Code: SGTS

Version:



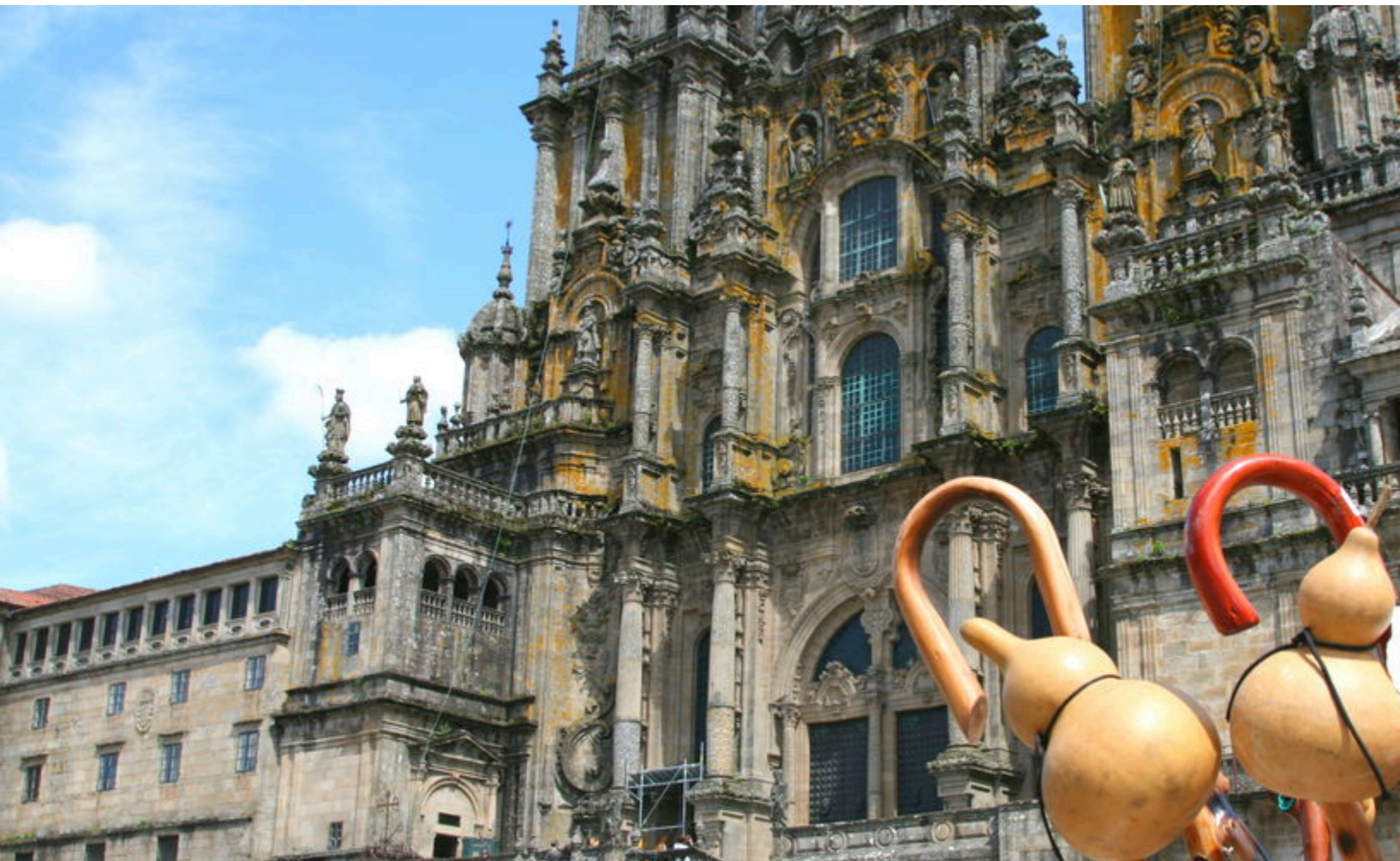
WALK & TREK



SELF-GUIDED



MODERATE



## HIGHLIGHTS

- Complete the final stage of the Portuguese Way Camino, from Tui to Santiago de Compostela
- Discover Pontevedra, where Columbus' flagship was crafted
- Enjoy delicious Galician cuisine and unwind with a glass of Albarino wine

- Walk through the beautiful valley of the Gandra River and relax in the thermal town of Caldas de Reis

## AT A GLANCE

- Self-Guided
- 6 days walking
- Final 118km of the Portuguese Way
- Daily departures
- Join at Tui / End in Santiago

## ACCOMMODATIONS & MEALS

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

It is said, there is the Camino you walk, and the Camino you live. This one-week walking holiday allows you to live the final stage of the Portuguese Way, from Tui to Santiago de Compostela. You will follow in the footsteps of ancient pilgrims, through vineyards, valleys, and historic villages full of charm where you can embrace the Galician culture. You will even spend the night in Pontevedra, where great explorer Columbus's flagship, the Santa Maria, was crafted.

Along the way, you will stay in a selection of welcoming hotels and guesthouses close to the Camino on a bed and breakfast basis, giving you the opportunity to dine out and sample the fantastic seafood dishes that the locals love so much. The jewel in the crown is your arrival at the cathedral of Santiago de Compostela - an emotional moment for many walkers - as you realise your achievements over the past week, the memories you have made, and the Camino you have lived!

## Is this holiday for you?

This one-week Camino is perfect for those looking to take on a spiritual challenge, their first long distance route, or for those who simply want to discover Galicia and all its splendid traditions. Guided by the traditional scallop shells and your route notes, you should be comfortable walking for 5-6 hours a day and an average of 15-20km, on quiet paths, byways, and cobbled tracks. The Portuguese Way from Tui is relatively quiet in comparison to the final sections of other long-distance routes, making it the perfect option for those looking to complete a Camino on a route less travelled. Staying in a selection great of hotels and guesthouses, we will transport your luggage for you so all you need to do is relax and enjoy the journey.

# Itinerary

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## Holiday Information

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### What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Luggage transfers
- Pilgrim kit including a pilgrim passport and shell
- Navigation App and GPX tracks

## What's not Included

- Travel insurance
- Travel to Tui
- Travel from Santiago
- Visas (if applicable)
- Tourist taxes may apply and are usually under 5 Euros per person per night
- Some meals as described in the Meal Plan
- Public buses and taxis
- Personal equipment
- Any additional activities/excursions indicated as optional

## Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

## Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking holiday for your family, a centre based trip is a fantastic option as it allows you to easily opt out of a days walking if a day of building sand castles, swimming in the pool or visiting museums is calling instead.

Please discuss this further with our sales team who will be happy to assist in picking the best trip for your family.

## Joining Arrangements & Transfers

This trip starts at your hotel in Tui. All of our self-guided holidays are sold on a Land Only basis, allowing you the flexibility to choose the travel method that best suits you. The nearest airport for this trip is Porto Airport, which is well-served with many departures from UK regional airports. If you are flying into Porto Airport it is possible to take the Metro to Porto city, from where you can take a direct train to Valenca, just across the bridge from Tui.

The metro from Porto Airport to Porto city costs approximately €3 and takes around 30 minutes with departures running every 20 minutes - for more information please visit [www.metrodoporto.pt](http://www.metrodoporto.pt). The train from Porto city to Valenca costs approximately €20 takes around 2 - 3 hours - for more information please visit [www.rome2rio.com](http://www.rome2rio.com). Once in Valenca, you can take either a short bus or taxi ride to Tui itself. Alternatively, we can arrange a private transfer from Porto Airport to your accommodation. Please ask our Sales Team for details.

The trip ends in Santiago de Compostela. It is possible to return to Porto via Flixbus or train. The journey takes around 6 - 7 hours - for more information visit [www.rome2rio.com](http://www.rome2rio.com).

Alternatively, we can arrange a private transfer from Santiago de Compostela to Porto Airport. Please ask our Sales Team for details.

It is also possible to fly direct to London from Santiago de Compostela Airport.

We can also arrange additional nights' accommodation before or after your self-guided trip, or you may even wish to make this trip part of a bigger trip of your own, or pair it with one of our other holidays - just ask our Sales Team for details.

## Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your trip.

## Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

Galicia is a region of Spain where people are passionate about their food, and the cuisine here is less about paella and more about delicious Pulpo a la Gallega, a traditional dish of the region that comprises succulent boiled octopus on top of a bed of thinly sliced potatoes, topped with olive oil and paprika. Let's not forget the tasty treat of Santiago, the Tarta de Santiago (literally 'Cake of Saint James'), made from ground almonds and decorated with powdered sugar stencilled with the Cross of Saint James. Yummy!

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Accommodation

On this trip you will stay in a great selection of comfortable 1-star, 2-star or 3-star hotels and guesthouses, each offering its own charm, warm hospitality, and close proximity to your route.

All our accommodations are booked on a twin or double room basis and have free WiFi. Many accommodations have restaurants and some offer a set 'pilgrim menu' - a tradition along the Camino - offering a hearty 3-course meal for approximately 15 Euros per person, payable locally. Please ask your hosts for more information.

It is possible to arrange additional nights' accommodation if you would like to extend your time in Tui or Santiago. Please speak to our Sales Team for more information.

## Baggage Allowance

Your main luggage will be transferred between each of your hotels while you are out on your walk. We ask that you please ensure your main luggage is limited to one piece under 20kg per person and that your luggage is ready for collection each morning. Any additional pieces will incur an additional cost. You will also need a daypack to carry your daily essentials with you whilst you are out walking.

# General Information

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## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents and visas for your holiday.** Please ensure that you check for the latest advice before travel.

## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

### GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

## Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 5-6 hours for consecutive days.

## Climate

The climate in this part of Portugal and Spain's Galicia is mild, with wet winter months and warm pleasant summers for walking, with the added bonus of a lovely cooling breeze coming in off the Atlantic. The hottest months are July and August, when temperatures reach 25 - 30 degrees centigrade.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

# Equipment Information

## Self Guided Equipment List

- Hiking boots with good-grip soles



- Hiking socks
- Long / short hiking trousers
- Functional base layer top and leggings
- T-shirts
- Fleece / extra warm layer
- Windproof jacket
- Waterproof jacket
- Waterproof trousers
- Hat, gloves, and neck gaiter
- Sunscreen
- Sunglasses
- Sunhat
- Small first aid kit inside your rucksack
- Water bottle or hydration pack
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Camera (and batteries / memory card)
- Reusable sealable picnic boxes for picnics

- Reusable cloth bag for shopping to avoid the use of plastic bags
- Walking poles
- Headtorch with spare batteries
- Personal wash kit
- Your self-guided route notes
- Rucksack (approx. 20L)

## Cotswold Outdoor

Many of the equipment items listed above are available from [Cotswold Outdoor](#) - our '**Official Recommended Outdoor Retailer**'. When you book a holiday with KE you will receive a 12.5% discount with Cotswold Outdoor, Snow+Rock and Runners Need. The discount code can be downloaded from your MyKE account and you can use this code at the checkout, either in store or online.

## Land Only Information

Please note our 'from price' listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers, including solo travellers, contact our sales team for a quote.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this trip part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights accommodation before or after your self-guided trip, ask our sales team to find out more about this.

Our sales team will be happy to provide you a quote for scheduled flights or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

We offer some transfers to your hotel from the nearest airports, please refer to the 'joining arrangements and transfers' for further details for this trip.

# Why Choose KE

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## Why KE?

Stand proud at the foot of Santiago de Compostela cathedral with your official Certificate of Distance, having completed the final, 118km, section of the Portuguese Way from Tui under your own steam. With luggage transfers and your pilgrim kit included, all you have to do is put one foot in front of the other and immerse yourself in your journey.

**Please Note** This document was downloaded on 02/04/2025 and the trip is subject to change