

# Self-Guided Walking on Lanzarote

Trip Code: SGLZ

Version:



WALK & TREK



SELF-GUIDED



LEISURELY



## HIGHLIGHTS

- Watch the island come alive at Timanfaya National Park
- Immerse yourself in the tranquillity of neighbouring island la Graciosa
- Walk through the wild landscapes of Los Ajaches National Park and the lush Valley of 1000 Palms
- Swim in the inviting waters and relax on quiet beaches along your walks

## AT A GLANCE

- Self-Guided
- Hire Car Included
- 6 days walking and sightseeing
- Daily departures available
- Join at Arrecife

## ACCOMMODATIONS & MEALS

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

The intriguing UNESCO biosphere reserve of Lanzarote is a destination you cannot help but fall in love with. Known as the 'Island of Eternal Spring' it has much to offer; with its unique geology of 300 volcanic cones not only offering other worldly landscapes but its fertile soils giving life to the lush green 'Valley of 1000 Palms', manicured vineyards and farmlands. On this one week self-guided holiday you will discover the islands many landscapes on foot, including reaching Penas de Chache; the islands highest point for unforgettable views. Plus, we have ensured you will have plenty of time to enjoy the island's many beaches and secluded coves whether you prefer to take a dip in the turquoise waters or relax in the sun with a good book.

You will stay on a B&B basis in a 3\* apartment on a complex in a quiet part of Costa Teguise, offering a fantastic balance of facilities with the freedom of having your own space. You will also take the ferry to the neighbouring island of la Graciosa. The most recent addition to the Canary Islands this little island is an experience not to be missed; with just 721 residents, unpaved roads, fantastic scenery and virtually empty beaches this is a treat not to be missed. In addition to the fantastic hikes we have also included car hire in the cost of your trip, meaning your exploring doesn't have to stop with the itinerary provided and giving you ultimate flexibility on your holiday.

## Is this holiday for you?

We have specially designed this holiday with flexibility in mind, allowing you the opportunity to make the most of your holiday time and all this sunny island has to offer. We have included car hire in the cost of your trip too, so that you can have even more freedom. Simply ensure the chosen driver within your party is over 25 years of age and held a full valid driving licence for at least one year. Your walks will take you along the coast, on top of calderas and through lush valleys with an average walking time of 3-5 hours per day. Orientation is generally easy, however not all routes are marked so we recommend having some basic map reading skills to help you along your way.

# Itinerary

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Version:

## Holiday Information

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### What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Hire car

## What's not Included

- Travel insurance,
- Travel to/from Lanzarote
- Visas (if applicable)
- Tourist Taxes may apply and are usually under 5 Euros per person per night
- Some meals as described in the Meal Plan
- Personal equipment
- Return boat crossing to La Gracioca
- Any supplements connected to the car hire
- Fuel for the hire car
- Any additional transport
- Any additional activities/excursions indicated as optional

## Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit, about the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook and all your relevant documents no later than 3 weeks before your holiday start date. We will send your documents using a signed for courier so that you can track your package and know that they are safely on their way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our sales team. Your pack will be sent to the lead booker so please remind them to pack it before you set off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start date, please do inform our sales team so that we can make alternative delivery arrangements.

## Car Hire

Car hire is included in the cost of this trip and is supplied by our partner Avis.

The car type included on this trip is based on the number of passengers in your group. We include the following car types:

- Category A hire for solo travellers
- Category B hire for bookings of 2 passengers
- Category C hire for bookings of 3 to 4 passengers
- Category P hire for bookings of 5 passengers
- Category M hire for bookings of 6 to 7 passengers

Upon booking with us you will be asked to provide the name and driving license details of the person within your party who will be the designated driver for your group. It is important to note that the driver must be over the age of 25 years old and have held a clean licence EU/ UK driving license for a minimum of 3 years. It is possible to add an additional driver to the booking in resort for an additional fee.

Please note that the car hire office is open 07.00-21.00 daily and cars must be collected/ returned within these times. We ask that you take this into consideration when choosing your flights.

Please ensure you read the terms and conditions of the car hire [www.avis.co.uk/TermsAndCondition](http://www.avis.co.uk/TermsAndCondition)

You can also find answers to frequently asked questions and further information regarding our self-guided holidays with car hire [here](#).

## Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking holiday for your family, a centre based trip is a fantastic option as it allows you to easily opt out of a days walking if a day of building sand castles, swimming in the pool or visiting museums is calling instead.

Please discuss this further with our sales team who will be happy to assist in picking the best trip for your family.

## Joining Arrangements & Transfers

The trip starts and ends at Lanzarote Airport. All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The nearest airport for this trip is Lanzarote Airport with many departures from regional UK airports; it is also here where you will collect your hire car for the week.

## Meal Plan

This trip is on a bed and breakfast basis with the exception of the evening on La Graciosa, which is on room only to allow you the most flexibility during your holiday.

## Food & Water

Many places on this holiday have drinkable water from the tap to fill your personal water bottles. Please check with the leader at the various locations. Please take purification tablets or a filter bottle (such as a [Water-To-Go bottle](#)) for days when drinking water out of the tap is not available. We do not encourage the purchasing of single use plastic bottles.

Cuisine in the Canaries filled with tradition and fresh local produce, with recipes being handed down through generations. It is these traditions which have formed the delicious mix of cuisine which blends its Spanish roots with African and South American influences. A staple on any menu is the tasty Papas Arrugadas; small locally grown potatoes which are boiled in extremely salty water giving the skins a somewhat wrinkly appearance served with the traditional Mojo sauce (and every restaurant claims to have its own secret recipe). As you would expect from an island, seafood features heavily in the Canarian diet, from Puntillas de Calamar (fried baby squid) to Pescado a la Plancha (fish of the day simply grilled and incredibly tasty). More surprisingly however, is the islands fantastic goat's cheeses, some of which have won international awards and the island selection of great wines to accompany your meal.

## Accommodation

We have specially designed this trip on a bed and breakfast basis allowing you the opportunity to enjoy the many welcoming cafes and restaurants in Costa Tegui or simply relax and enjoy an evening meal at your apartment. The apartments are situated at the quiet end of Costa Tegui and come with an open-plan kitchen living room, ensuite bathroom and private balcony, perfect for relaxing with a good book. The apartments are part of a complex which includes a restaurant, bar, and swimming pool for relaxing after a busy day walking.

PLEASE NOTE: The hotel we use for this trip is an adult only hotel. For any family bookings we use an alternative hotel of the same standard. The hotel is located closer to the central coastal area of Costa Tegui and is specifically designed for families.

## Baggage Allowance

For this holiday you should take one piece of luggage and a daypack. Luggage with wheels is useful for this holiday. For international flights please check your baggage allowance with your airline.

# General Information

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## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

**It is your responsibility to ensure that you have the correct travel documents and visas for your holiday.** Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the [UK Government website](#).

## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

### GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

### Severe Allergies

Please inform our KE Sales and support team of any severe allergies you may have before travel. We will always do our best to help but we are unable to guarantee an allergy free environment on our KE trips. We advise that you always carry your own treatment for the allergy with you such as 'adrenaline auto-injectors' if required. We also recommend that you discuss this with your accommodation on arrival so that they can better assist you.



## Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 4 to 5 hours for consecutive days.

## Climate

The islands of the Canaries are a year-round holiday destination with what is often described as eternal spring conditions with temperatures ranging between 16 in the winter to 25 in the summer.

Lanzarote has its own micro-climate with the north being slightly windier and cloudier whilst the south is drier and warmer with approximately 2,500 hours of annual sunshine, while central Lanzarote has a moderate and stable climate. It is this fantastic climate which has made Lanzarote such a popular holiday destination, not just for those looking for sun, sea and sand, but for walking and cycling too. Not only that, but due to the sunny climate the island is home to over 600 plant species.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that prior to travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates direct from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Books

- Lanzarote Marco Polo Pocket Guide
- The Wind off the Small Isles - Mary Stewart
- Sandwiches in the Sun: The Extraordinary Truth about Life on a Spanish Island - Chris Herman
- Lanzarote & Fuerteventura Pocket Guide - Berlitz Pocket Guides



## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

Please note that a paper copy of your travel insurance is required if you are travelling to Huaraz and the Huayhuash region.

# Equipment Information

## Self Guided Equipment List

- Hiking boots with good grip soles
- Functional base layer
- T-shirts
- Hat
- Windproof jacket
- Fleece / extra layer
- Long/short hiking trousers
- Hiking socks
- Waterproof jacket
- Waterproof trousers
- Rucksack (approx. 20 l)

- Small first aid kit inside your rucksack
- Sunscreen
- Water bottle or hydration pack
- Camera (batteries/memory card)
- Mobile Phone (ensure your data package covers your destination)
- Power bank
- Waterproof phone cover
- Sun glasses
- Personal wash kit
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Tupperware for picnics
- Walking poles
- Headtorch & spare batteries
- Your self-guided route notes

## Cotswold Outdoor



Many of the Equipment items listed above are available from [Cotswold Outdoor](#) - our '**Official Recommended Outdoor Retailer**'. When you book a holiday with KE you will receive 12.5% discount voucher from Cotswold Outdoor and other retailers.  
[>> Find out more](#)

## Land Only Information

Please note our 'from price' listed is based on 4 persons in a 2 bedroom apartment, however we can quote for any number of travellers, including solo travellers, contact our sales team for a quote.

A hire car is included in the cost of this holiday. The chosen driver within your party **MUST** be over 25 years of age and held a full valid driving licence for at least 3 years. We cannot confirm your booking until we have received the name and driving licence number of the driver within your party.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights accommodation before or after your self-guided trip, ask our sales team to find out more about this.

Our sales team will be happy to provide you a quote for scheduled flights or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please note that the car hire office is open 07.00-21.00 daily and cars must be collected/ returned within these times. We ask that you take this into consideration when choosing your flights and ask that you **DO NOT** book your flights before you have received your booking confirmation and your deposit has been taken.

## Why Choose KE

### Why KE?

Experience the many landscapes of Lanzarote with KE, we have even incorporated a visit to the captivating island of la Graciosa. Car hire is included in the cost of your holiday.

**Please Note** This document was downloaded on 03/07/2024 and the trip is subject to change